

LUNCH & LEARN

Education Series

This educational group is designed to provide information for caregivers & seniors on:

*Legal Issues * Personal Care * Safety Issues*

*Behaviors * Stress * Money Issues*

*Activities * Home Care * Long-term Care*

*Professional speakers discuss topics that benefit Caregivers & Seniors for
Alzheimer's, the Disabled, the Elderly & those with Chronic illnesses.*

February 18th @ 12:00n – 1:00pm

Special Program ...

“Surviving the Storm”

Featuring: Lisa Spencer

Chief Meteorologist WSMV-TV Channel 4

Please Note:

A Light Lunch Will be Provided

from 11:30a – 12:00n

Registration is Required for lunch & program!

Sponsored by:

St. Clair Street Senior Center

Mid South Chapter Alzheimer's Association

alzheimer's  association

the compassion to care, the leadership to conquer

For additional information, please contact:

Sponsor: Elberta Dyer, Caregiver Coordinator

Caregiver Resource & Education Center

St. Clair Street Senior Center, 325 St. Clair Street

Murfreesboro, TN 37130

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